### ANGELA LUMICIS

# SINGING LESSONS

My singing lessons will allow you to gain the skills and knowledge on how to use your voice in a trusting, supportive and nurturing environment. Through my lessons you will be given the confidence, knowledge and building blocks on how to sing.

Singing is one of the bravest things to try and not many people realise that 80% of singing is mental. I know how difficult it can be to even attempt to open your mouth to make a sound. This is why I will tailor my teaching to every person and level. Having you think about your voice as a whole, in a holistic manner, the mind, body and heart. Through clear and understandable steps your fear and anxiety about singing will be eliminated and the enjoyment of hearing your voice will begin.

Having observed different mentors and teaching techniques has given me the skills and know how to teach across a wide range of ages and levels. I have taken these skills in communication, connection and interpretation to develop lessons that teach and inspire others on how to harness and discover your own unique voice.

No-one else sounds like you, so let's find what you will sound like together!

"I have had many singing teachers in my life but I have never had one with such a fabulous mix of fun, laughter, business and hard work in their lessons until Angela. My voice improved from our very first lesson and skyrocketed from there. Angela listens to all of your vocal concerns and is able to pinpoint what is holding you back, she explains everything to you in an accessible way at the same time as inspiring and supporting you so you never feel lesser than. I will sing Angela's praises from the rooftops- and thanks to her I will sound good doing it."

Sarah Rigbye current student

## SINGING LESSONS



#### AIM

To provide the knowledge of basic singing skills, technique, and connection through easy steps to strength the confidence with your voice.

#### **SKILLS OBTAINED**

A holistic approach to singing, which includes:

- Physicality
- Posture
- Jaw, Vowel and Tongue Positioning
- Breathing
- Vocal Exercises
- Songs and developing your own interpretation and connection

#### WHAT YOU WILL NEED

- A Recording Device
- An Exercise Book
- Sheet Music

#### WHAT YOU WILL BE PROVIDED WITH

Basic anatomy structure of:

- Breathing mechanism
- Vocal Chords
- Tongue Placement
- Recording of Vocal Exercises

#### WHAT IS EXPECTED

- An openness to learn in a non-judgemental environment
- Trust in yourself
- · An ability to let go and allow yourself to explore
- Practice for whatever goals you wish to attain

#### DURATION

Lessons will be fortnightly or at your own discretion Cancellation of lessons - MUST GIVE 24 HOURS NOTICE Changing of lesson date/time - MUST GIVE 24 HOURS NOTICE

#### COST

One Hour Lessons	\$80
45 Minute Lessons	\$70